

PUBLIC SPEAKING WORKSHOP

Small, Hands-on Groups Limited to 5 Participants

Moving audiences is essential to moving your message. This takes a recipe of engaging content, confident delivery, and the third element of likeability. Whether you are a novice or seasoned speaker, this workshop can up your game in front of crowds, public meetings, and presenting to small groups.

AUTHENTICITY • RELATABILITY • PERSUASIVENESS



JOIN US!

Small, 5-person groups
Hands-on practice

Feb | Mar | Apr
3-Hour workshop

Convenient scheduling

\$500, discounts available

For info, contact

Beth @ 510-760-4202

bethtrimarco@gmail.com

Many public speaking coaches use an “outside in” approach of shooting video to pick your performance apart. This training takes an “inside out” approach that grounds you in your authentic self. You’ll learn to:

- Develop engaging content and structure
- Use an authentic voice
- Audience engagement and relatability
- Body language & other non-verbal cues
- Grounding exercises for nervousness

***Expect to have FUN, meet people, and
...it will NOT feel like work!
HAPPY SPEAKING!***

**BETH TRIMARCO
CONSULTING**
bethtrimarco.com

Beth Trimarco is a public interest communicator specializing in public speaking and message development for nonprofits, foundations, government agencies, and socially responsible companies. Working with everyone from grassroots leaders to elected officials, Beth takes a values-based approach with an anti-racist, intersectional feminist lens.